



Ash Wednesday (February 22) marks the beginning of Lent for Christians throughout the world. Lent is the penitential season of prayer, fasting and almsgiving from Ash Wednesday through Holy Thursday, in preparation for Easter. It is also the time for catechumens – those who have not been fully received into the Catholic Church. The 40-day period of Lent culminates in Holy Week:

Holy Thursday April 6

Good Friday April 7

Holy Saturday April 8

Easter Sunday April 9

"Lent stimulates us to let the Word of God penetrate our life and, in this way, to know the fundamental truth: Who we are, where we come from, where we must go, what path we must take in life."

Pope Benedict XVI

Lenten Reconciliation (Confessions)

The Diocese of London has set Wednesday, March 29 as the day of Confession. There will be a priest at all church sites during this day as follows:

All Saints church site

2pm-4pm and 6pm-8pm

Sacred Heart church site

4pm – 7pm

St. Charles Garnier church site

4pm – 6pm and following Mass – 8pm

Extra confession times just before Holy Week:

All Saints church site – Saturday, April 1

3:30pm – 4:45pm

Sacred Heart church site – Tuesday, April 4

5pm – 6pm

St. Charles Garnier church site – Wednesday, April 5

5pm – 6pm



Ash Wednesday Mass times

All Saints Church site

- 9:00am
- 12:00pm
- 7:00pm

Sacred Heart Church site

- 9:15am

St. Charles Garnier Church site

- 7:00pm



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All Saints Church site

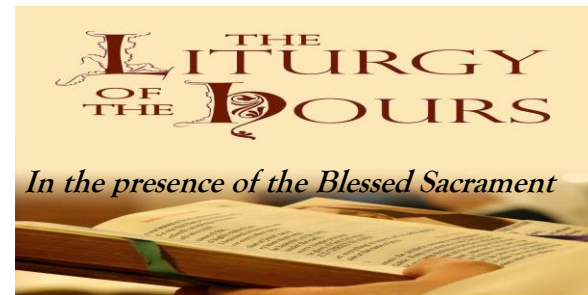
- Fridays 7:00pm
- Thursdays 6:00pm (Portuguese)

Sacred Heart Church site

- Fridays 7:00pm

St. Charles Garnier Church site

- Wednesdays 5:45pm



The Liturgy of the Hours, also known as the Divine Office, is a beautiful and ancient tradition in the Church that is not reserved for priests and religious, but can also be prayed by the lay faithful. The Second Vatican Council highly encouraged the laity to "recite the divine office, either with the priests, or among themselves, or even individually" ([Sacrosanctum Concilium](#), 100).

The Liturgy of the Hours is the prayer of the whole People of God. In it, Christ himself "continues his priestly work through his Church." His members participate according to their own place in the Church and the circumstances of their lives.

During Lent, at each church site, you are invited to participate in the praying of the Liturgy of the Hours and Adoration. Worship aids will be provided along with some instruction as to how you can participate.

Liturgy of the Hours and Adoration

All Saints Church site

- Tuesdays 6:30pm

Sacred Heart Church site

- Thursdays 9:00am

St. Charles Garnier Church site

- Fridays 6:30pm

ONLY DURING LENT.....there will be Mass celebrated every Monday at 6:30pm at All Saints Church site starting February 27 through to March 27.